



Truvada & Isentress

Cork Emergency Medicine



Truvada

- Truvada is a combination of 2 drugs tenofovir & emtricitabine
- Take ONE truvada tablet ONCE daily
- Truvada is usually taken with food

Isentress

- Take ONE Isentress tablet TWICE daily approx. 12 hours apart
- There are no food restrictions with this drug
- Avoid taking multivitamins, calcium/magnesium supplements and antacids
- Tablets should be swallowed whole (not chewed, broken or crushed)

Side effects

Side effects with both Truvada and Isentress are generally mild.

Some patients may experience:

- Mild headache
- Feel nauseous
- Stomach cramps
- Rash
- Tiredness
- Diarrhoea
- Vomiting

If you are concerned, please
contact the Emergency
Department you first attended:

**Mercy University
Hospital**
(021) 230 5011

**M-UCC at
(St. Mary's
Health
Campus)**
(021)
4926900

CUH
(021) 4920200

**Local Injury Unit
Mallow General
Hospital**
(022) 58506

**Bantry General
Hospital**
(027) 52900

