



Outrule Subarachnoid Haemorrhage - Discharge Advice

Cork Emergency Medicine



- ❖ You have been investigated on the Clinical Decision Unit of the Cork University Hospital
- ❖ There have been no signs of complications and you are now ready to return home
- ❖ We suggest that you should rest quietly and should avoid alcohol for 48 hours
- ❖ It is better if a responsible adult can remain with you for the next 24 hours

Please return to the Emergency Department immediately if you:

1. Vomit more than twice
2. Become dizzy or develop a severe or persistent headache not relieved by normal painkillers (eg paracetamol)
3. Become restless or drowsy
4. Have a convulsion or fit or twitching of face, arms, legs etc
5. Develop weakness anywhere in the body
6. Have double vision or blurred vision

Common Symptoms:

- ❖ Mild headache
- ❖ Tiredness
- ❖ Poor concentration
- ❖ Mild memory loss

Follow Up:

A letter will be sent to your GP regarding your investigations and care on the unit.

You can telephone the Emergency Department for advice if you are unsure: (021) 4546400 or contact your GP.

If you are concerned, please contact the Emergency Department you first attended:

Cork University Hospital
(021) 4920200

Mercy University Hospital
(021) 230 5011

**M-UCC at
St Mary's Health Campus**
(021) 4926900

**Local Injury Unit,
Mallow General Hospital**
(022) 58506

Bantry General Hospital
(027) 52900

